brown. A few of them are tatooed on the arms and the blue of the ink stands out very clearly. Mongoloid characteristics such as the epicanthric fold, the Mongoloid spot, and high cheekbones are very common, but in contrast to the Mongoloid nose, the Cayapa nose is often bridged. Occasionally one finds individuals with very high-bridged noses of aquiline shape. Their eyes are uniformly dark brown, and the whites are seldom clear but have a brownish tinge that would seem to indicate a high incidence of liver disorders. Most Cayapa, especially the women, seem to be somewhat round-faced. The men, while short, are very well-proportioned and have tremendous strength in their arms and shoulders which probably stems from their technique of canoe handling. As a rule, the women are thick-waisted, the result, perhaps partly at least, of their characteristic canoe handling. They generally paddle in a seated position, using a very short paddle, which requires many rapid short strokes for effective maneuvering, and they necessarily have to lean forward to make efficient use of the short paddle.

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